



RPCYC Founded 1877

PLYMOUTH TO ST MARY'S YACHT RACE

Thursday 15th July 2010 Sailing Instructions

1 RULES

1.1 The organising authority is the Royal Plymouth Corinthian Yacht Club.

1.2 Racing will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS), the Prescriptions of the Royal Yachting Association, the ORC Special Regulations Category 3 governing minimum equipment, the Notice of Race (except as any of these may be altered by these Sailing Instructions) and by these Sailing Instructions (SI). In the event of any conflict, the Sailing Instructions shall prevail. Between sunset and sunrise RRS 10 - 19 inclusive will cease to apply and will be replaced by the International Regulations for Preventing Collisions at Sea. Rule 10 of the International Regulations for Preventing Collisions at Sea (Separation Zones) must be strictly observed.

1.3 Plymouth is a Naval and Commercial Port and the Port Authorities have ABSOLUTE control of seagoing activities within the Port, which by definition also extends two nautical miles to seaward of the Breakwater. Where boats are racing within the boundaries of a port they shall comply with such regulations as may be in force within that port. In particular, regulations regarding the safe navigation of large vessels shall be strictly observed. Competitors are referred to the Dockyard Port of Plymouth Order 1999, a copy of which is displayed on the Club notice board, and to Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.1(a), Allegation of Gross Misconduct. The Port Authority may also take legal action.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board, located in the foyer of the RPCYC.

3 CHANGES TO SAILING INSTRUCTIONS

No changes to the Sailing Instructions will be posted later than 12 hours before the first start.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the RPCYC flagpole.

5 SCHEDULE OF RACES

The scheduled time of the first warning signal is 1755 hours.

6 CLASS FLAGS

6.1 Class flags will be:

<u>Class</u>	<u>Flag</u>
IRC	Numeral Pennant 3
PYS	Numeral Pennant 2

6.2 All boats shall fly their class flag from their backstay.

7 RACING AREA

The race will start in Plymouth Sound and finish at St Mary's Isles of Scilly

8 THE COURSE

8.1 After starting, all boats shall pass Knap Buoy (PPSA Mark R) leaving it to PORT and then proceed directly to the finishing line at St Mary's.

8.2 The course will not be shortened. This changes RRS 32.

8.3 No boat shall pass between the Bridges Pylons and the Bridges Channel.

9 MARKS

9.1 Knap Buoy is a GREEN CONICAL navigation buoy.

10 THE START

10.1 The starting line will be an extension of a line through the RPCYC flagstaff and an **ORANGE AND BLACK** marker post and shall be crossed from East to West. The outer limit of the starting line will be Mount Batten Breakwater.

10.2 Classes will start in the following order:

- ◆ IRC
- ◆ PYS

10.3 Boats whose warning signal has not been made shall avoid the starting area.

10.4 General Recall (exception to RRS 29.2)

10.4.1 'First Substitute' – General Recall Signal means: The class is recalled for a new start in accordance with SI 10.4.2. This signal will be lowered after four minutes. The lowering of the 'First Substitute' will not be accompanied by any sound signal.

10.4.2 In the event of a General Recall, the class concerned will start at five-minute intervals after the last class in the programme and in the same order as that in which the General Recall occurred.

10.4.3 In the event of a General Recall, a broadcast message may be transmitted on VHF Ch 72. Failure to receive any such transmission shall not constitute grounds for redress.

10.5 RRS 29.1 is amended such that in the case of an Individual Recall (RRS 29.2), the Race Committee may at their discretion award an elapsed time penalty of 1% to a boat, which does not sail completely to the pre-start side of the line before starting.

11 THE FINISH

11.1 The finishing line will be between the leading light on the end of St Mary's Pier (49°55.110'N, 6°18.995'W) and the Port Channel Mark (Bacon Ledge) (49°55.215'N, 6°19.225'W) North West of St Mary's Pier.

11.2 Boats shall record their own finishing time, and where possible, the times of the boat ahead and the boat astern. The Race Committee must receive notification of a boat's finishing time no later than 1400 hours on Saturday 17th July 2010.

11.3 Boats must contact the Race Office on 07977 990768 either verbally or by text message to advise their finish time or retirement from the race.

12 PENALTY SYSTEM

12.1 A boat that has taken a penalty or retired under RRS 31.2 or RRS 44.1 shall complete an acknowledgement form within the protest time limit. Acknowledgement forms are available from the Race Committee.

12.2 As provided in RRS 67, the protest committee may, without a hearing, penalise a boat that has broken RRS 42.

12.3 RRS Appendix K Addendum D (Time Penalty) will apply for an infringement of a rule of RRS Part 2 or the International Regulations for Preventing Collisions at Sea between sunset and sunrise.

13 TIME LIMIT

RRS 35 shall not apply. The time limit for each class will be 24 hours. Boats finishing after the time limit will be scored Did Not Finish.

14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available from the Race Committee. Protests shall be delivered to the Race Committee within the protest time limit.

14.2 The protest time limit is 1400 hours on Saturday 17th July 2010. The same protest time limit applies to all protests by the Race Committee and protest committee and to requests for redress. This changes RRS 61.3 and RRS 62.2.

14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. This displaying of the protest notice constitutes "notification" under RRS 63.2. Hearings will be held at the RPCYC on Tuesday 20th July 2010 beginning at 1930 hours.

14.4 Notices of protests by the Race Committee or protest committee will be posted to inform boats under RRS 61.1(b).

14.5 A list of boats that, under SI 12.1, have acknowledged breaking RRS 42 or have been disqualified by the protest committee will be posted before the protest time limit.

14.6 Breaches of SI 12.1 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

14.7 RRS 66 is amended such that: A party to the hearing may ask for a reopening no later than 30 minutes after being informed of the decision.'

15 SCORING

15.1 The Low Point scoring system of RRS Appendix A will apply.

15.2 Sailovers will not be permitted.

16 SAFETY REGULATIONS

Any boat retiring shall notify the Race Office on 07977 990768 or the RPCYC on 00 44 1752 664327 **at the earliest possible opportunity**. Any boat, which fails to comply with this Sailing Instruction or fails to provide a satisfactory explanation of failure to report retirement, will receive a caution. A record of such cautions will be kept by the General Secretary of the PPSA. A boat which receives a second caution within a two-year period from the date of the original caution may be refused entry, subject to the requirements of RRS 76.1, to any further races starting within a two-year period from the date of the second caution, by any club affiliated to the PPSA.

17 RADIO COMMUNICATIONS

17.1 The Race Committee may broadcast information to competitors on VHF Channel 72.

17.2 Competitors wishing to communicate with the Race Committee (Callsign "Corinthian Race Control") may do so on VHF Channel 72, prior to the first warning signal or after the last starting signal (including new starts for recalled classes as described in SI 10.4). **The Race Committee will only respond to calls made during the starting sequence under exceptional circumstances.**

17.3 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats.

18 PRIZES

Prizes will be awarded to the boats placed in the top 25% in each class.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

20 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per event or the equivalent.